## SECRET DUO SMARTCURE™ OPENS A NEW SPACE IN THE FIELD OF MINIMALLY INVASIVE FACE AND NECK TREATMENTS

**Gabriel Rucinski**, MD, discusses the improvements he experienced in neck and chin lifting using SECRET DUO SmartCure<sup>™</sup> single-thermo coagulation technology



**GABRIEL RUCINSKI, MD,** Bellamed Clinic, Elblag City, Poland

ECRET DUO RF
endolifing and thermal
lipolysis with blunt
cannula needle proved to
be a safe and effective
alternative treatment
option for lower face, chin, and neck
improvement.

### Mechanism of action

SECRET DUO SmartCure™ was used in this procedure to treat 30 patients who received subcutaneous thermal lipolysis in combination with radiofrequency microneedling and Er:glass fractional laser treatments on the cheeks, chin, and neck.

Treatment included thermal lipolysis and endolifting using radiofrequency emitted by a blunt 19 G cannula blunt needle. The indications for the procedure were significant flaccidity and drooping of the skin in the area of the chin, jawline, and neck, as well as an excessive amount of subcutaneous fat in the above areas. In all cases, RF endolifting treatments were combined with 3-4 sessions of radiofrequency microneedling and Er:glass laser every 3 weeks.

### **Treatment method**

The treatment areas were marked with a sterile marker. Infiltration anesthesia of the cannula insertion sites was performed at two points on both sides.

SECRET DUO blunt RF 19 G 70 mm cannula needle mounted on SmartCure™ was inserted through the prepared holes by 18 G needle, Subcutaneous thermolysis was performed using the SmartCure™ 19 G 70 mm cannula bilaterally in the





**Figure 1** (A) Before and (B) after SECRET DUO SmartCure™ Bilateral jaw line and side surfaces of the neck and chin area lifting using blunt 19 G cannula and RF microneedling treatment.

region of the jaw line and the lateral surface of the neck and chin. The procedure consisted of inserting and withdrawing the cannula along the places identified with a marker to obtain a temperature reading from the skin surface of 42°C with a thermal imaging camera and lasted about 1 minute after this reading. During the procedure, excessive overheating and deep penetration of the cannula in the jawline were avoided in order to protect the superficially located mental branches of the VII nerve. The duration of the procedure was determined by the temperature read from the surface of the skin. On average, the entire procedure lasted about 20-30 minutes, which in terms of body surface area gave 2-3 minutes per 3-4cm. Some patients underwent combined microneedling RF and Er:glass laser therapy, the treatments were planned at 3-week intervals.

#### **Conclusion**

After the initial RF endolifting treatment with a blunt cannula, a noticeable difference in the appearance of the lower face, chin, and neck was seen, followed by a gradual improvement over the following 6 months. The skin around the jaw line visually lifted during later combined sessions using RF microneedling and non-ablative Er:glass laser, and the face appeared more youthful. The patient also experienced a general increase in skin quality, a decrease in wrinkles, and a decrease in sagging as a result of a full face microneedling and Er:glass laser procedure. The patient had edema for two weeks, with only a minimal amount of interruption. There were no additional issues found. The combination of these three therapy techniques in the neck, chin, jawline, and lower cheeks proved to be very safe and effective.

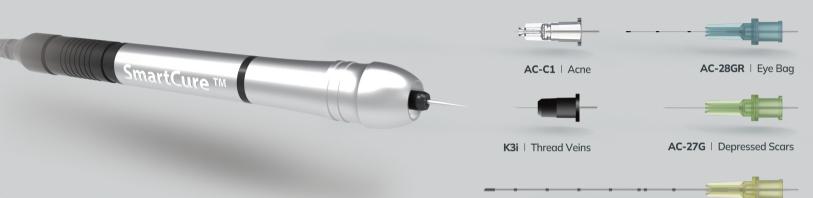
# **SmartCure** ™



## SINGLE THERMO-COAGULATION TECHNOLOGY

SmartCure™ smart electro pen permits various thermo-coagulation techniques combining with single electrolysis needle and various nokor needles to treat a larger range of applications from thread veins, acne, wrinkles to depressed scars.

Acne | Thread Veins | Eye Bag | Neck Tightening



## **CLINICAL EVALUATION**

### **Neck Tightening**





Eye Bag





Photo Courtesy of Dr. Gabriel Rucinski

